



# **Broadway Family Karate**

*Personal Development Through the Martial Arts*

*Issued September 6, 2021*

## **Covid-19 Safety Advisory** **For Students & Family Members**

### **Continuing On-Site, In-Person Lessons** **Under Centers for Disease Control Operating** **Guidelines**

We are continuing in-person lessons during our Autumn Term, through November 28, 2021.

As directed by Governor Lee under the current *Level 3 State of Emergency*, following guidance from the Centers for Disease Control and the Knox County Health Department, we'll be conducting on-site, in-person lessons as follows:

- 1) *Checking temperatures.* Before allowing anyone to join a lesson we'll use a non-contact thermometer to check temperatures. We'll be screening family members as well as students. The "cutoff" temperature 100.4 degrees F.
- 2) *Students ages 12 & under, family members and instructors will wear masks or other appropriate face coverings.* We are protecting each other by doing this, as well as protecting ourselves. At this time and under these circumstances, working together masked is a necessary personal discipline.
- 3) *Students ages 13 & older are currently "mask optional" during their lessons.* These are students in our Teen & Adult Fundamentals and Honors lessons, all of whom have been

eligible for vaccination for some months. Students (and accompanying family members) may mask or not at their discretion during these lessons. Students who have been vaccinated but have had close contact with someone with Covid-19 should contact our Senior Instructor, Mr. Booker, regarding participating in lessons.

4) *“No Contact”*. In line with personal distancing requirements, students will not be holding targets, shields or other training tools for each other. Our students will need an adult member of their immediate family to attend lessons with them as their training partner, so that we are limiting contact appropriately. The adult training partner will be holding training tools and providing other simple assistance with the guidance of the lead instructor.

5) *We won’t be sharing training equipment, such as targets and shields*. Students will bring their own individual, dedicated equipment to lessons with them, and take them home again afterwards. Having these available will also allow you to practice your karate skills together at home. We’ll use the following training tools:

- *Karate Tigers & Fundamentals Students*: please bring a Blocker (“Caveman Club”) to your lessons. The supply of these continues to be limited. Please let us know as soon as possible if you need us to order one for you.
- *Honors & Black Belts Students*: please bring your Arm Shield and your Padded Long Sword to your lessons. For your “B” lessons on Wednesdays and Thursdays, please bring your Bokken (wooden sword) as well.

6) *We will maintain appropriate physical distancing*. We have training spaces marked out on the floor for our students, and we have dispersed seating available for family members. We are carefully limiting the number of students in our lessons to accomplish this. Students should have just their adult training partner with them during their lesson. We have

plenty of seating available at need in the courtyard immediately outside our school for other family members.

A couple of other general points that several members of our school community have asked about:

- *Video Tutorials:* We will continue to make online video tutorials available on your karate skills for this term to help you practice at home. These reference videos will take you through all your skills in depth. We will have a set of these available for your 1<sup>st</sup> Achievement Stripe skills, and for your 2<sup>nd</sup>.
- *Student Quarantine or Isolation:* In the event that you're temporarily unable to attend lessons because you're either in quarantine or isolation, you can continue your lessons through distance learning. Please contact the senior instructor, Mr. Booker, to make the necessary arrangements. We'll use the online video tutorials to help structure your distance learning. You can submit your work from home by video for class credit. We will also have special "Catch-Up" weeks scheduled at regular intervals during this Term to help you get back up to speed with your lessons if you have had to be home. *Quarantine* is used for someone who may have been exposed to COVID-19, as a precaution until their test results are known. *Isolation* is used for someone who has tested positive for infection with the virus. Should you need to stay home in either situation, we'll get you the instructional support you need.