



Broadway Family Karate

Personal Development Through the Martial Arts

Teen & Adult Fundamentals Course Lesson Schedule (Ages 13 & Up)

Day	Lesson Time
Monday "A"	7:30-8:15pm
Tuesday "A"	7:30-8:15pm
Wednesday "B"	7:30-8:15pm
Thursday "B"	7:30-8:15pm
Friday (Coaching)	By Appointment (48 hours' notice)
Sunday (Make Up)	4:45-5:30pm

You will find over the long term you will learn and develop most effectively as a Karate student on a regular, predictable study schedule – the same days and times each week, whenever possible. Please attend two lessons – one "A" lesson and one "B" lesson – every week to make proper progress in your studies. You are welcome to attend lessons more often than this if your personal schedule permits.

Should you miss one of your "A" or "B" lessons during the week, please attend the "Make Up" lesson on Sunday.

If you are having difficulty with a skill and need some extra help, please contact Mr. Booker 48 hours in advance to schedule a coaching lesson for Friday afternoon.