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Word to Remember

DEDICATION

Dedication is an important life skill to have. Being dedicated is to believe something is very important and putting a lot of time and energy into it. When you're dedicated you keep trying even when it gets hard or when you want to give up. See how dedicated you are by completing the list below.

- Put a together a jigsaw puzzle and don't stop until it is complete
- Set a goal in school or sports and keep pushing toward it until it is achieved
- Find something you are passionate about and learn more about it
- Try to get a better grade on your next test. Study extra hard to make sure you're prepared
- Try to run a mile in a certain amount of time. Keep practicing until you get quicker and meet your goal
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